



## How CEN members are promoting a social model of disability narrative in their clinical work with clients who stammer

**Date:** Friday 7th June 2024

**Time:** 9:00am to 4:30pm

**Venue:** via Zoom

**Speakers:** Nicola Maddy, Simon Henderson and Susie Lloyd

**Registration:** Book online via our website

### Timetable of the day

9:00am - 9:15am	Registration
9:15am - 9:30am	Welcome/Introductions
9:30am - 11:00am	Nicola Maddy Presentation
11:00am - 11:15am	Break
11:15am - 12:45pm	Nicola Maddy Presentation continued
12:45pm - 1:30pm	Lunch
1:30pm - 3:00pm	Simon Henderson Presentation
3:00pm - 3:15pm	Break
3:15pm - 4:15pm	Susie Lloyd Presentation
4:15pm - 4:30pm	Evaluation and close

### Information about our speakers/Overview of their presentations

**Nicola Maddy** - Nic is an NHS Speech and Language Therapist working for South West Yorkshire NHS Foundation Trust. She has worked with children and young people who stammer and their families for over 20 years and more recently with adults. She is a passionate advocate of the social model and feels her close connections with the stammering community along with a belief in the value and beauty of stammering shape her learning and work.



National  
Stammering  
CEN



[www.stammeringcen.co.uk](http://www.stammeringcen.co.uk)  
[nationalstammeringcen@gmail.com](mailto:nationalstammeringcen@gmail.com)



Nic has a particular interest in listener reactions to stammering and how this influences the experience of the speaker. Her NHS Trust is the first to use Virtual Reality (VR) in stammering therapy and they received an RCLST Giving Voice Award last year for a collaborative project aimed at increasing understanding and acceptance of stammering in their local schools. Nic is also proud to be one of the joint Study Day Coordinators for the National Stammering CEN.

Nic will offer a practical session, from a non-expert stance, to demonstrate how she brings the idea that 'it's ok to stammer' into therapy with children and young people (from 8 years onwards), particularly when the world around them tells them it's not. She will introduce the concepts of acceptance, identity, pride and beauty and explain how this can be gently and delicately interwoven into therapy from an early age, whilst holding space for, and validating, the multitude of very real painful thoughts and feelings that stammering may bring. She will use real examples of activities for different aspects of therapy and facilitate creative thinking and reflection for sharing amongst the group. She will share client journeys and touch upon the importance of the education of others within the child's environment, including a collaborative project with children and young people who stammer in her area, to get schools talking about, understanding and celebrating stammering.

As a therapist who doesn't stammer, she will discuss the importance and benefits of utilising the work and resources of people who do stammer within her therapy (including VR, poetry and art). We will also hear from people who stammer share their work and personal stories: Gareth Walkom, (withVR) Stephen Greene, (The Stutterverse) and Willemijn Bolks, (Just Stutter), and how their work enables Nic to bring the notion of it being ok to stammer into the therapeutic space along with acceptance, identity, pride and beauty.





**Simon Henderson** - Simon works with children and young people who stammer and their families at Northumbria Healthcare NHS Foundation Trust. Within his practice, Simon is particularly interested in the psychosocial aspects of childhood stammering alongside counselling and listening skills for Speech and Language Therapists. Simon is also interested in the field of CPD and workforce development for SLT's working in stammering and cluttering. This has included the development and implementation of clinician competency frameworks linked to this. Simon co-delivers clinical teaching for stammering on the SLT pre-registration degree courses at the University of Newcastle and he is currently Treasurer of the National Stammering CEN.

In this reflective and practice focussed session, Simon will consider ways to upskill the SLT workforce within the therapy narrative of the social model of disability for stammering. As part of this, Simon will present a group therapy-based example to illustrate how recent CEN learning related to the social model of disability can be cascaded across teams to support wider workforce development for stammering. Simon will also offer a summary of his recent RCSLT 2023 conference presentation around the development of CPD models for SLTs working within stammering/cluttering and consider how co-production between national and regional CENs has facilitated this.

**Susie Lloyd** - Susie began specialising in stammering in 2009. She previously worked as a Specialist for Calderdale and Huddersfield NHS Trust with a paediatric caseload and is now working as a Specialist with Bradford District Care Trust with a mixed caseload of children and adults. She is a passionate advocate of the social model of stammering.

Susie will share how she has designed and delivered a social model group therapy package for primary aged children who stammer –an exploration of a work in progress! Her presentation will include a discussion of what she has chosen to include and exclude in her social model group therapy work and why. She will also share the experiences of the group from the point of view of two parents.





## Booking

You are able to access this study day (as well as a host of other benefits such as video recordings, Signal magazine, Facebook Group membership and further study days) by becoming a member of the National Stammering CEN with a 12mth subscription. You can purchase a subscription via the membership page on our website. The cost of attending the study day is included in your membership subscription. Bookings for the study day are made via our website on the events/news - study day page.

If you have any questions or need further support, please make contact directly through the website or email: [nationalstammeringcen@gmail.com](mailto:nationalstammeringcen@gmail.com)

## Any Questions?

Please get in touch with us using the contact details below.

